

## OPINION

## Guillain–Barré and Miller Fisher syndromes—new diagnostic classification

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**Abstract** | Guillain–Barré syndrome (GBS) and its variant, Miller Fisher syndrome (MFS), exist as several clinical subtypes with different neurological features and presentations. Although the typical clinical features of GBS and MFS are well recognized, current classification systems do not comprehensively describe the full spectrum of either syndrome. In this Perspectives article, GBS and MFS are classified on the basis of current understanding of the common pathophysiological profiles of each disease phenotype. GBS is subclassified into classic and localized forms (for example, pharyngeal–cervical–brachial weakness and bifacial weakness with paraesthesias), and MFS is divided into incomplete (for example, acute ophthalmoparesis, acute ataxic neuropathy) and CNS subtypes (Bickerstaff brainstem encephalitis). Diagnostic criteria based on clinical characteristics are suggested for each condition. We believe this approach to be more inclusive than existing systems, and argue that it could facilitate early clinical diagnosis and initiation of appropriate immunotherapy.

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## Introduction

Guillain–Barré syndrome (GBS) is the broad term used to describe a number of related acute autoimmune neuropathies, although the term is also used more specifically to define patients with peripheral polyneuropathy affecting all four limbs with or without cranial nerve involvement. GBS was first recognized in 1916 by Guillain, Barré and Strohl, who described two patients who developed acute areflexic paralysis in association with raised protein levels in cerebrospinal fluid (CSF), but no increased cell content.<sup>1</sup> By 1938, Guillain had recognized various forms of GBS and proposed a clinical classification that took into account four presentations: the lower form, the spinal and midbrain form, the midbrain form, and polyradiculoneuropathy with impaired mentation.<sup>2</sup>

Almost 20 years later, in his seminal paper, Miller Fisher described three patients with “an unusual variant of acute idiopathic polyneuritis (syndrome of ophthalmoplegia, ataxia and areflexia),” which bore

resemblance to the midbrain form proposed by Guillain.<sup>2,3</sup> Contemporaneously, Bickerstaff described eight patients who presented with ophthalmoplegia, ataxia and hypersomnolence, similar to—but distinct from—GBS polyradiculoneuropathy with impaired mentation.<sup>4</sup>

Clinical diagnostic criteria for GBS were introduced in 1978 following an increase in incidence after the swine flu vaccination programme, and these criteria were later reaffirmed.<sup>5,6</sup> The criteria were devised to enable non-neurologists to recognize GBS and were intentionally restrictive, requiring the presence of universal limb areflexia or hyporeflexia. However, with the identification of several new phenotypes in the past 30 years, the conceptual framework of GBS has become increasingly complex. For example, in 1986, Ropper described patients who developed rapidly progressive oropharyngeal, neck and shoulder weakness that mimicked the descending paralysis seen in botulism.<sup>7</sup> In 1994, the same author also described some patients with areflexic paraparesis<sup>7,8</sup> and others with acute progression of facial diplegia and numbness in the extremities;<sup>8</sup> he speculated that these

three conditions were localized subtypes of GBS, which he called pharyngeal–cervical–brachial weakness, the paraparetic variant, and bifacial weakness with paraesthesias, respectively. These studies led, in 1990, to proposed diagnostic criteria for pure motor GBS, pure sensory GBS, MFS, several localized subtypes of GBS (including pharyngeal–cervical–brachial weakness and paraparetic GBS) and pure pandysautonomia.<sup>9</sup>

A further revision was prompted by results from nerve conduction studies. Classification criteria published in 2001 by a GBS consensus group based in the Netherlands described several subtypes of GBS: sensorimotor GBS, pure motor GBS, MFS and a bulbar form.<sup>10</sup> Nerve conduction studies enabled the group to further subclassify sensorimotor GBS into either acute inflammatory demyelinating polyneuropathy (AIDP) or acute motor–sensory axonal neuropathy, and pure motor GBS into acute motor demyelinating neuropathy or acute motor axonal neuropathy (AMAN). Criteria outlined by the Brighton Collaboration GBS working group in 2011 have also used nerve conduction studies to identify patients with vaccination-related GBS or MFS.<sup>11</sup>

The primary aim of this Perspectives article from the GBS Classification Group (Box 1) is to present clinical criteria to enable neurologists and non-neurologists to diagnose GBS and all its variants using a simple yet all-inclusive classification system. While some variants are rare (for example, acute ptosis and acute mydriasis) and might never be encountered by many physicians, others (for example, pharyngeal–cervical–brachial weakness) might be more common than previously thought, having been frequently misdiagnosed as myasthenia gravis, botulism or brainstem stroke.<sup>12</sup> We also consider the classification of GBS, MFS and their subtypes. Rather than broadly categorizing each subtype as an axonal or demyelinating neuropathy, we propose new diagnostic criteria based on an inclusive set of clinical features. To avoid confusion, we use the terms ‘classic GBS’ to describe patients who present with acute flaccid paralysis of all four limbs, and ‘GBS subtypes’ to collectively describe the localized forms of GBS. Similarly, we use ‘classic MFS’ to describe patients with

## Competing interests

The authors declare no competing interests.

**Box 1** | The GBS Classification Group

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**Table 1** | Clinical features of GBS, MFS and their subtypes

Category	Clinical features		
	Pattern of weakness	Ataxia	Hypersomnolence
<b>GBS</b>			
Classic GBS	Four limbs	No or minimal	No
Pharyngeal–cervical–brachial weakness*	Bulbar, cervical and upper limbs	No	No
Acute pharyngeal weakness†	Bulbar	No	No
Paraparetic GBS*	Lower limbs	No	No
Bifacial weakness with paraesthesias*	Facial	No	No
<b>MFS</b>			
Classic MFS	Ophthalmoplegia	Yes	No
Acute ophthalmoparesis§	Ophthalmoplegia	No	No
Acute ataxic neuropathy§	No weakness	Yes	No
Acute ptosis§	Ptosis	No	No
Acute mydriasis§	Paralytic mydriasis	No	No
BBE	Ophthalmoplegia	Yes	Yes
Acute ataxic hypersomnolence¶	No weakness	Yes	Yes

\*Localized subtypes of GBS. †Incomplete form of pharyngeal–cervical–brachial weakness. §Incomplete forms of MFS. ||CNS subtype of MFS. ¶Incomplete form of BBE. Abbreviations: BBE, Bickerstaff brainstem encephalitis; GBS, Guillain–Barré syndrome; MFS, Miller Fisher syndrome.

acute ophthalmoplegia and ataxia, whereas the ‘MFS subtypes’ encompass both more-extensive (that is, with additional features, such as hypersomnolence) and less-extensive (incomplete) forms of MFS.

**Nosological considerations**

Though phenotypically different, GBS and MFS subtypes share a number of clinical features including the presence of antecedent infection, a monophasic disease course, areflexia, distal paraesthesias, CSF

albuminocytological dissociation, and nerve conduction abnormalities.<sup>3,4,7,8,13</sup> In addition, some patients have overlapping or sequential diagnoses: some patients with MFS develop tetraplegia during the clinical course of illness,<sup>14</sup> one patient with pharyngeal–cervical–brachial weakness was reported to develop leg weakness during the progressive phase of the illness,<sup>15</sup> and another patient in the recovery phase of classic GBS showed only pharyngeal–cervical–brachial weakness.<sup>16</sup> These factors

support the classification of these various disease subtypes within the spectrum of GBS (Table 1).

Phenotypic differences among the localized GBS subtypes—pharyngeal–cervical–brachial weakness, paraparetic GBS and bifacial weakness with paraesthesias—are nosologically defined according to the pattern and characteristics of limb and cranial nerve involvement. Phenotypic differences among the MFS subtypes—the CNS subtype Bickerstaff brainstem encephalitis (BBE), and the incomplete forms, acute ophthalmoparesis and acute ataxic neuropathy—are defined on the basis of presence or absence of hypersomnolence, or at least one of the cardinal features of MFS (ophthalmoplegia and ataxia). Other localized subtypes of GBS, including sixth cranial nerve paresis with paraesthesias, and severe ptosis without ophthalmoplegia, have been described<sup>7,8</sup> but these conditions can be positioned in our classification system as incomplete forms of MFS, termed acute ophthalmoparesis and acute ptosis, respectively.

Acute sensory small-fibre neuropathy, acute sensory and autonomic neuropathy, and acute pandysautonomia probably represent postinfectious autoimmune conditions similar to GBS.<sup>17–20</sup> However, to avoid confusion—and in keeping with other authors<sup>10,11</sup>—we have not included these disorders in our classification of GBS variants. By contrast, acute sensory large-fibre neuropathy,<sup>20</sup> which has been described as pure sensory GBS or acute sensory ataxic neuropathy,<sup>9,21</sup> can be positioned as an incomplete form of MFS, namely, acute ataxic neuropathy, in our classification.<sup>22</sup>

Although nerve conduction studies are not required in our clinical classification system, they can be useful in elucidating the type of neuropathy and supporting the diagnosis. The underlying nerve conduction abnormalities associated with GBS and its subtypes can be categorized as demyelinating (AIDP) and axonal (AMAN and acute sensorimotor axonal neuropathy) forms.<sup>23</sup> Electrophysiological studies indicate that MFS, pharyngeal–cervical–brachial weakness and paraparetic GBS are all axonal forms of neuropathy,<sup>24–26</sup> whereas bifacial weakness with paraesthesias is demyelinating in nature.<sup>27</sup> The axonal forms are associated with antiganglioside antibodies (Table 2), and affected patients might show promptly reversible nerve conduction failure or axonal degeneration. This feature suggests a common pathogenetic mechanism of autoantibody-mediated

**Table 2** | Diagnostic criteria for GBS, MFS and their subtypes

Classification	Core clinical features	Notes	Supportive features
<b>General syndrome</b>			
All GBS spectrum disorders	Mostly symmetric pattern of limb and/or motor cranial-nerve weakness** <sup>§</sup>  Monophasic disease course with interval between onset and nadir of weakness of 12 h to 28 days, followed by clinical plateau	Alternative diagnosis should be excluded	Antecedent infectious symptoms <sup>  </sup>  Presence of distal paraesthesia at or before the onset of weakness  Cerebrospinal fluid albuminocytological dissociation <sup>¶</sup>
<b>Specific diagnoses</b>			
Classic GBS	Weakness* and areflexia/hyporeflexia in all four limbs	Weakness usually starts in the legs and ascends but may start in the arms  Weakness may be mild, moderate or complete paralysis  Cranial-nerve-innervated muscles or respiratory muscles may be involved  Muscle stretch reflexes may be normal or exaggerated in 10% of cases	Electrophysiological evidence of neuropathy
Pharyngeal–cervical–brachial weakness	Oropharyngeal, neck and arm weakness** and arm areflexia/hyporeflexia  Absence of leg weakness	Absence of certain features indicates incomplete pharyngeal–cervical–brachial weakness: patients without arm and neck weakness have ‘acute oropharyngeal palsy’; patients without pharyngeal palsy have ‘acute cervicobrachial weakness’  Some leg weakness may be present, but oropharyngeal, neck and arm weakness should be more prominent  Presence of additional features indicates overlap with other GBS variants: ataxia with ophthalmoplegia suggests overlap with MFS; ataxia without ophthalmoplegia suggests overlap with acute ataxic neuropathy; ataxia, ophthalmoplegia and disturbed consciousness suggests overlap with BBE	Electrophysiological evidence of neuropathy  Presence of anti-GT1a or anti-GQ1b IgG antibodies
Paraparetic GBS	Leg weakness* and leg areflexia/hyporeflexia  Absence of arm weakness	Typically, bladder function is normal and there is no well-defined sensory level	Electrophysiological evidence of neuropathy
Bifacial weakness with paraesthesias	Facial weakness* and limb areflexia/hyporeflexia  Absence of ophthalmoplegia, ataxia and limb weakness	In some patients, limb paraesthesias may be absent and muscle stretch reflexes may be normal	Electrophysiological evidence of neuropathy
MFS	Ophthalmoplegia, ataxia** and areflexia/hyporeflexia  Absence of limb weakness <sup>‡</sup> and hypersomnolence	Absence of certain features indicates incomplete MFS: patients without ataxia have ‘acute ophthalmoparesis’; patients without ophthalmoplegia have ‘acute ataxic neuropathy’  Presence of a single feature indicates incomplete MFS: ptosis suggests ‘acute ptosis’; mydriasis suggests ‘acute mydriasis’	Presence of anti-GQ1b IgG antibodies
BBE	Hypersomnolence and ophthalmoplegia and ataxia**  Absence of limb weakness <sup>‡</sup>	Patients without ophthalmoplegia have the incomplete form of BBE known as ‘acute ataxic hypersomnolence’	Presence of anti-GQ1b IgG antibodies

\*Weakness may be asymmetric or unilateral. †Clinical severity of each component may vary from partial to complete. ‡Except in acute ataxic neuropathy and acute ataxic hypersomnolence.

||Such as the presence of upper respiratory infectious symptoms or diarrhoea 3 days to 6 weeks before the onset of neurological symptoms. ¶Cerebrospinal fluid with total white cell count <50 cells per  $\mu$ l and protein above the normal laboratory range. ††Presence of limb weakness indicates overlap with GBS. Abbreviations: BBE, Bickerstaff brainstem encephalitis; GBS, Guillain-Barré syndrome; MFS, Miller Fisher syndrome.

dysfunction or disruption at the nodes of Ranvier, resulting in a continuum of nerve pathologies from transitory conduction failure to axonal degeneration.<sup>23,26,28</sup>

We believe that the updated classification system we present enables most forms of GBS to be accurately defined as discrete or overlapping syndromes on the basis of their clinical features.

### Clinical–serological relationship

Our classification system does not stipulate antiganglioside antibody testing, although

the results can be informative. The discovery of anti-GQ1b antibodies in patients with MFS and BBE provided important evidence that these disorders formed part of the same disease spectrum,<sup>29</sup> and a comparative study revealed that anti-GQ1b antibodies were present in 83% of patients with MFS and 68% of patients with BBE.<sup>30</sup> GQ1b is strongly expressed in the oculomotor, trochlear and abducens nerves, as well as muscle spindles; thus, anti-GQ1b antibodies are thought to cause both ophthalmoplegia and cerebellar-like ataxia.<sup>31,32</sup> In addition, GQ1b

is possibly expressed in the reticular formation, and anti-GQ1b antibodies might, therefore, explain the decreased level of consciousness seen in patients with BBE.<sup>30</sup> Acute ophthalmoparesis is also associated with the presence of anti-GQ1b antibodies, and some patients later develop bilateral facial or bulbar weakness.<sup>22</sup> Neither ptosis nor mydriasis is a cardinal feature of MFS, but patients often present with these signs.<sup>33</sup> Isolated ptosis and mydriasis, caused by weakness of the levator palpebrae superioris and iris sphincter muscles, respectively, have

also been reported in association with anti-GQ1b antibodies, and these features might represent a very incomplete form of MFS.<sup>34,35</sup>

So-called ataxic GBS is characterized by profound cerebellar-like ataxia in the absence of both a Romberg sign and ophthalmoplegia.<sup>13</sup> Patients with ataxic GBS also carry anti-GQ1b IgG antibodies, which supports its classification as an incomplete form of MFS.<sup>36</sup> Acute sensory ataxic neuropathy is characterized by profound sensory ataxia in the absence of ophthalmoplegia, but with a Romberg sign.<sup>21</sup> The nosological position of acute sensory ataxic neuropathy became clear when affected individuals were compared with patients who had ataxic GBS.<sup>33</sup> Anti-GQ1b antibodies were found in 18% of patients with acute sensory ataxic neuropathy, and in 65% of patients with ataxic GBS. Anti-GD1b IgG antibodies without GQ1b crossreactivity were detected in 35% of the patients with acute sensory ataxic neuropathy and 14% of those with ataxic GBS. These findings suggest that the conditions are not distinct but, rather, variants within a continuous spectrum. Cerebellar-like ataxia has also been described in patients with MFS, and is thought to be caused by selective dysfunction of muscle spindle afferents mediated by anti-GQ1b antibodies.<sup>3,37</sup> To avoid confusion, ataxic GBS and acute sensory ataxic neuropathy are classified in this article as incomplete forms of MFS, and are collectively referred to as acute ataxic neuropathy.<sup>33,38,39</sup>

GT1a is more densely expressed than GQ1b in human glossopharyngeal and vagal nerves.<sup>40</sup> Patients with pharyngeal–cervical–brachial weakness often carry anti-GT1a IgG antibodies, some of which might crossreact with GQ1b.<sup>41</sup> Although the serological profiles of patients with pharyngeal–cervical–brachial weakness show considerable overlap with those of patients with MFS, we believe that pharyngeal–cervical–brachial weakness is best placed as a subtype of GBS rather than MFS. By definition, patients with pharyngeal–cervical–brachial weakness display arm weakness, whereas those with MFS do not, and pharyngeal–cervical–brachial weakness should, therefore, be considered a localized subtype of GBS. Patients with acute oropharyngeal palsy have anti-GT1a and anti-GQ1b antibodies,<sup>42</sup> supporting the classification of this condition as an incomplete form of pharyngeal–cervical–brachial weakness. By contrast, AMAN is associated with anti-GM1 or anti-GD1a IgG antibodies,<sup>43</sup> and the discovery of anti-GD1a antibodies in a patient with

paraparetic GBS whose nerve conduction results indicated axonal neuropathy suggested that paraparetic GBS is a localized form of AMAN.<sup>25</sup>

### Peripheral versus central pathology

Many neurologists view GBS as a disease that only affects the peripheral nerves, but this assertion is not always true: some patients display exaggerated deep tendon reflexes, either transiently or throughout the course of their illness.<sup>44,45</sup> The early formal criteria for GBS<sup>5</sup> required hyporeflexia or areflexia, but the researcher who developed these criteria later recognized that some patients with features otherwise typical of GBS also displayed “extensor plantar responses, and ill-defined sensory levels,” indicating possible CNS involvement.<sup>6</sup> Although application of these criteria has enabled most patients with GBS to be identified, some individuals have undoubtedly been misdiagnosed in the past.

The risk of misdiagnosis was first highlighted in a report that described three North American men who each developed rapidly progressive tetraparesis after a gastrointestinal illness, but were not diagnosed as having GBS owing to the presence of normal to brisk deep tendon reflexes.<sup>46</sup> Similarly, acute pure motor neuropathy in four patients who carried anti-GM1 IgG antibodies was not initially diagnosed as GBS because of the preservation of reflexes, yet nerve conduction studies later confirmed AMAN.<sup>47</sup> The presence of hyperreflexia resulted in AMAN being initially misdiagnosed as postinfectious myelitis in a patient with progressive weakness in all four limbs, although nerve conduction studies later revealed the correct diagnosis.<sup>48</sup>

A study of 213 patients with GBS identified 23 patients (10%) who demonstrated normal or brisk reflexes during the clinical course of illness.<sup>45</sup> Among these individuals, tendon reflexes were normal in eight patients and exaggerated in three patients throughout the course of illness. The remaining 12 patients exhibited exaggerated reflexes at some stage, which later returned to normal. Interestingly, patients with GBS who had preserved deep tendon reflexes more frequently presented with pure motor limb weakness, and were more likely to have anti-GM1 or anti-GD1a antibodies, as well as neurophysiological features consistent with AMAN, than were patients with reduced reflexes. A similar rate (9%) of normal or exaggerated reflexes was observed in a study of 494 patients with GBS in the Netherlands, and most of these

patients showed evidence of a mild, pure motor neuropathy.<sup>49</sup> Some clinicians have suggested that such individuals should be categorized as having a ‘hyperreflexic variant’ of GBS,<sup>50</sup> but we believe that this distinction is unnecessary. The localization and underlying mechanism of hyperreflexia in such individuals remain unknown, although disruption of intramedullary inhibitory interneurons, which could occur if antiganglioside antibodies crossed the blood–brain barrier, has been postulated.<sup>48</sup>

The earliest descriptions of BBE and MFS suggested overlap between the two syndromes; for example, half of Bickerstaff’s patients had hyporeflexia or areflexia,<sup>4</sup> and one of Miller Fisher’s three patients experienced drowsiness.<sup>3</sup> This overlap led to widespread conjecture about whether the aetiologies of these disorders were central or peripheral. In a large sample of patients with BBE, CNS pathology was observed on brain MRI in 11%, and abnormal EEG recordings were obtained in 57%.<sup>30</sup> Though only 2% of patients with MFS showed abnormalities on MRI, 25% of patients had aberrant EEG activity,<sup>30</sup> which indicated that some patients with MFS—despite having no impairment of consciousness—had evidence of CNS dysfunction. A complementary overlap between BBE and MFS exists with regard to PNS pathology: 74% of patients with MFS demonstrated absence of the soleus H-reflex in peripheral nerve testing, as did three of four patients with BBE. Together, these results suggest that MFS and BBE lie within a clinical spectrum of variable involvement of the PNS and CNS.

### Diagnosis and classification

We believe that the diagnosis of GBS, MFS and their subtypes can be made clinically in the majority of patients, and that current diagnostic criteria are too rigid and overly reliant on laboratory data.<sup>6,10,11</sup> Nerve conduction studies and CSF analysis are often inconclusive in the early stages of disease and, therefore, should not delay diagnosis and treatment if GBS or its variants are suspected on clinical grounds. CSF albuminocytological dissociation is absent within the first week of symptom onset in more than half of patients with GBS.<sup>51</sup> In approximately 40% of patients, nerve conduction studies performed within the first week can suggest a diagnosis of neuropathy without fulfilling the criteria for one of the specific electrophysiological subtypes.<sup>49</sup> Moreover, on the basis of serial nerve conduction study recordings, the electrophysiological classification of

GBS has been shown to change in 24–38% of patients, making the diagnosis of the precise subtype an *a posteriori* process.<sup>23,52</sup> Furthermore, neurophysiological examination is not readily available in some parts of the world. Antiganglioside antibody testing is useful, but obtaining results takes time and, therefore, should not be relied on for diagnosis.

Striking an optimal balance between diagnostic criteria that are neither too inclusive nor too restrictive remains important for clinical practice. Two decades ago, the American Academy of Neurology outlined strict diagnostic criteria (specificity 100%, sensitivity 46%) for chronic inflammatory demyelinating polyneuropathy (CIDP).<sup>53</sup> These criteria have since been replaced by slightly less specific (96%) but much more sensitive (81%) criteria that enable the recognition of atypical presentations, for which immunotherapy would have otherwise been delayed or withheld.<sup>54,55</sup> We believe that a similar reappraisal of the current diagnostic and classification criteria for GBS is warranted to avoid underdiagnosis and delayed treatment, especially in patients with atypical forms or those with normal or exaggerated deep tendon reflexes.

The diagnostic criteria that we present in Table 2 facilitate the classification of GBS, MFS and their subtypes. Weakness, which may affect the limbs or the territories served by motor cranial nerves, is a core feature that is present in almost all subtypes, the main exceptions being acute ataxic neuropathy and acute ataxic hypersomnolence (Table 1). Weakness is usually symmetric; however, unilateral ophthalmoplegia with or without unilateral ataxia (and, rarely, with unilateral limb weakness) has been reported in association with antiganglioside antibodies.<sup>11,56–58</sup>

The other core feature is that the clinical course should be monophasic. The time interval between the onset and nadir of neurological symptoms ranges from 12 h to 28 days, and is followed by a clinical plateau. In a study published in 2014, 97% of patients with GBS reached symptom nadir within 4 weeks.<sup>49</sup> We regard treatment-related clinical fluctuations occurring within 8 weeks after the start of immunotherapy as part of the monophasic course, and patients exhibiting these fluctuations should be differentiated from patients with acute-onset CIDP.<sup>59</sup> The latter diagnosis should be considered in patients who deteriorate after 8 weeks from initial onset, or when three or more treatment-related fluctuations occur.

Recurrent GBS is seen in less than 10% of patients, but subsequent episodes seem to become more severe and occur at shorter time intervals as time goes on.<sup>60,61</sup> A history of upper respiratory infections or diarrhoea 3 days to 6 weeks before the onset of GBS is common and supports the diagnosis.

GBS can be diagnosed in patients who present with bilateral flaccid limb weakness. Frequently, patients with GBS also experience distal limb numbness, paraesthesia or pain, any of which can even be their initial symptom.<sup>62</sup> Weakness associated with GBS is often described as ascending, and might involve respiratory muscles and cranial nerves. Up to 10% of patients might display normal or exaggerated reflexes throughout the disease course.<sup>45,49</sup> In patients with suspected GBS who present with preserved or exaggerated reflexes, repeated nerve conduction studies are essential, as evidence of peripheral neuropathy can confirm the diagnosis.

The key clinical finding in patients with pharyngeal–cervical–brachial weakness is oropharyngeal, neck and arm weakness associated with areflexia.<sup>12</sup> The majority also experience some sensory disturbance in the arms, although sensory impairment was not included in the original description of this GBS subtype.<sup>7</sup> The consistency and severity of leg weakness varies within and between patients, but generally should not be more prominent than arm weakness. Incomplete forms of pharyngeal–cervical–brachial weakness have also been described. For example, isolated bulbar palsy results in acute pharyngeal weakness,<sup>42</sup> but can also progress to complete pharyngeal–cervical–brachial weakness during the course of the illness.<sup>63</sup> Along with such transitions, the presence of anti-GT1a or anti-GQ1b IgG antibodies further supports the clinical diagnosis of pharyngeal–cervical–brachial weakness (or one of its incomplete forms).<sup>24,41</sup>

Patients with paraparetic GBS develop flaccid leg weakness, but have normal neurological findings in the upper limbs.<sup>7,8</sup> The diagnosis is supported by evidence of axonal-type neuropathy on nerve conduction studies, and the presence of antiganglioside antibodies.<sup>25</sup>

Bilateral facial weakness in the absence of limb weakness can be sufficient to warrant a diagnosis of bifacial weakness with paraesthesias, although sensory disturbance in the limbs also occurs in the majority of individuals.<sup>8,27</sup> Diagnosis is supported by demyelinating features on nerve conduction studies in the limbs.

Patients with MFS present with ophthalmoplegia, ataxia and areflexia,<sup>3</sup> and those who additionally experience hypersomnolence have BBE, the CNS subtype of MFS.<sup>4,64</sup> Although none of the patients originally described by Bickerstaff displayed hyperreflexia, some researchers have suggested that the presence of hyperreflexia is sufficient to diagnose BBE even in the absence of hypersomnolence, because both features indicate CNS involvement.<sup>65</sup> However, given that some patients with GBS also display hyperreflexia,<sup>45</sup> our classification system categorizes such patients as having MFS rather than BBE. Incomplete forms of MFS include acute ataxic neuropathy, which can be diagnosed in the absence of ophthalmoplegia,<sup>33</sup> and acute ophthalmoparesis, which can be diagnosed in the absence of ataxia.<sup>22</sup> Very incomplete forms of MFS show only isolated ptosis or mydriasis.<sup>34,35</sup> Incomplete BBE, known as acute ataxic hypersomnolence, can be the diagnosis in patients who have evidence of ataxia and hypersomnolence in the absence of ophthalmoplegia.<sup>66</sup> The presence of anti-GQ1b or anti-GD1b IgG antibodies can confirm the clinical diagnosis of these MFS subtypes.

The possibility of overlap between GBS, MFS and their subtypes warrants brief discussion. Patients with MFS or BBE who develop limb weakness can be diagnosed as having overlap with GBS.<sup>14,65</sup> Leg weakness can develop in some patients with pharyngeal–cervical–brachial weakness. If it occurs early and is severe,<sup>16</sup> this represents fulminant pharyngeal–cervical–brachial weakness, rather than overlap with GBS. As outlined in the original description,<sup>7</sup> patients with pharyngeal–cervical–brachial weakness could present with ophthalmoplegia, whereas those patients with pharyngeal–cervical–brachial weakness presenting with additional ophthalmoplegia and ataxia in the absence of tetraparesis have overlapping MFS.

The frequency of different subtypes within the GBS–MFS spectrum has not been examined in detail, and is likely to vary in different parts of the world. One prospective study of more than 250 patients diagnosed with GBS at a single hospital in the USA found the following frequencies: MFS 5%, pharyngeal–cervical–brachial weakness 3%, paraparetic GBS 2%, and bifacial weakness with paraesthesias 1%.<sup>9</sup> A retrospective single-hospital study conducted in Taiwan found the following frequencies among 43 patients: MFS 7%, BBE 7%, pharyngeal–cervical–brachial weakness 5%, and polyneuritis cranialis 5%.<sup>67</sup> In a study from

**Box 2** | Differential diagnoses

## GBS

- Acute spinal cord disease
- Carcinomatous or lymphomatous meningitis
- Myasthenia gravis
- Critical illness neuropathy
- Thiamine deficiency
- Periodic paralysis
- Corticosteroid-induced myopathy
- Toxins (such as neurotoxic shellfish poisoning)
- Acute hypophosphataemia
- Prolonged use of neuromuscular junction blocking drugs
- Tick paralysis
- West Nile poliomyelitis
- Acute intermittent porphyria
- Functional paralysis

## MFS, BBE, and pharyngeal–cervical–brachial weakness

- Brainstem stroke
- Myasthenia gravis
- Wernicke encephalopathy
- Botulism
- Brainstem encephalitis
- Diphtheria
- Tick paralysis

## Paraparetic GBS

- Lumbosacral plexopathy
- Diabetic neuropathy
- Neoplasms
- Inflammatory conditions (such as sarcoidosis)
- Infections (such as cytomegalovirus, Lyme disease)
- Lesions of the cauda equina

## Bifacial weakness with paraesthesias

- Lyme disease
- Sarcoidosis

Abbreviations: BBE, Bickerstaff brainstem encephalitis; GBS, Guillain–Barré syndrome; MFS, Miller Fisher syndrome.

the Netherlands that applied the Brighton criteria<sup>11</sup> to diagnose approximately 500 patients with GBS, after exclusion of those with MFS and BBE, weakness was restricted to the legs in 6% of patients, which suggests a diagnosis of paraparetic GBS, and to the arms in 1% of patients, in keeping with pharyngeal–cervical–brachial weakness.<sup>49</sup>

**Differential diagnoses**

Numerous conditions can mimic GBS, MFS and their subtypes. In this section, we highlight the most important of these differential diagnoses—diseases that also cause rapidly progressive and often symmetric paresis (Box 2).<sup>68</sup>

In patients who present with weakness and exaggerated reflexes, a central cause should always be excluded before the weakness is

attributed to GBS. Conversely, patients with extensive necrotizing myelopathy can lose their deep tendon reflexes. Spinal cord or, in some patients, brainstem pathology should be excluded early with MRI, especially if a ‘sensory level’—a point on the body below which sensation is reduced or absent—is present, or if weakness develops abruptly in association with urinary retention. Although urinary dysfunction may develop in over one-quarter of patients with GBS,<sup>69</sup> typically it is not an early feature.

Isolated sensory symptoms in the presence of normal deep tendon reflexes might be misdiagnosed as a conversion or dissociative disorder in some patients with GBS, especially early in the disease course. Such patients should be advised to return to the clinic if they experience disease progression. By contrast, functional weakness is usually sudden in onset (less than 12 h into the disease course) and asymmetric. When present, motor and sensory physical signs are inconsistent or incongruent with any GBS subtype. In the absence of sensory deficits, differential diagnoses for GBS include periodic paralysis, myasthenia gravis, botulism, poliomyelitis, and acute myopathy of any cause.

The main differential diagnoses for both MFS and pharyngeal–cervical–brachial weakness are brainstem strokes, myasthenia gravis and botulism. In patients with reduced levels of consciousness, Wernicke encephalopathy and brainstem encephalitis should be excluded before considering BBE. In patients with isolated or multiple cranial neuropathies—especially when these are asymmetric—other inflammatory, neoplastic and infectious aetiologies must be excluded.

In the early stages, paraparetic GBS can be difficult to distinguish from other more common conditions, such as lumbosacral plexopathy or cauda equina syndrome. MRI with gadolinium contrast of the lumbosacral region is, therefore, mandatory to exclude an infiltrative or compressive cause of the paraparesis. In patients with diabetic neuropathy or idiopathic lumbosacral plexopathy, onset is typically asymmetric, with continued progression and bilateral involvement beyond 1 month. Cytomegalovirus infection in the context of HIV-positive patients might also cause painful lumbosacral plexopathy, and this infection is usually associated with urinary retention.

Careful history taking and clinical examination should enable clinicians to differentiate bifacial weakness with paraesthesias

from bilateral Bell palsy in the majority of individuals. Typically, patients with bilateral Bell palsy do not have distal paraesthesias<sup>70</sup> and are likely to present with other features, including mastoid pain and hyperacusis; these patients are less likely to recover fully than are patients with bifacial weakness with paraesthesias.<sup>27</sup> Laboratory data can also differentiate patients with Bell palsy (who do not demonstrate CSF albuminocytological dissociation or evidence of demyelination in their limbs) from individuals who have bifacial weakness with paraesthesias. However, rapidly progressive isolated bilateral facial weakness may also be present in patients with sarcoidosis or Lyme disease.

**Conclusions**

In this article, we classify GBS, MFS and their subtypes according to their clinical features. The appreciation that these conditions form a continuum wherein discrete, complete and incomplete forms of disease exist (and sometimes overlap) remains the most important concept for defining atypical presentations of these disorders and overlap syndromes. The validity of this classification system still needs to be tested in large cohorts of patients by independent assessors in different parts of the world, and we accept that further refinements may be necessary. Moreover, this classification system should be discussed in the context of guidelines for the management of GBS published by the European Federation of Neurological Societies and the Peripheral Nerve Society. The use of this classification system could enable important data to be collected on the frequency of different subtypes of GBS and MFS in different countries, as well as the natural course of these illnesses and their responses to treatment. We envisage that this approach would help to identify the most commonly encountered differential diagnoses for each variant, and contribute to the development of standardized management protocols.

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#### Author contributions

B.R.W. and N.Y. researched data for the article and contributed equally to writing the article. B.R.W., A.U., N.Y. and all members of the GBS Classification Group made substantial contributions to discussions of the content, and review and/or editing of the manuscript before submission.

**CORRIGENDUM****Guillain-Barré and Miller Fisher syndromes—new diagnostic classification**

Benjamin R. Wakerley, Antonino Uncini, Nobuhiro Yuki and the GBS Classification Group

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In Box 1 of the originally published article, Jong Seok Bae should have been included as a member of the GBS Classification Group. Also, in Table 2, the row title 'Bifacial weakness with distal paraesthesias' should have read 'Bifacial weakness with paraesthesias'. These errors have been corrected in the HTML and PDF versions of the article.